



## Health: Fitness/Nutrition

HealthWire reaches health and biotech reporters and analysts as well as newspapers and other local media in your specified geographic circuit area. Each circuit includes value-added reach to disclosure destinations, your choice of trade and industry media, and full-text posting to Internet portals and sites, financial systems, online services and databases.

### Health: Fitness/Nutrition

### Health: Fitness/Nutrition Magazines & Periodicals

80 Twenty Nutrition  
American Fitness  
Bergen Health & Life  
Better Nutrition Magazine  
Buffalo Healthy Living Magazine  
Central Jersey Health & Life  
Club Business International  
Club Industry  
Club Solutions Magazine  
Delicious Living  
DrGourmet.com  
Eat Right  
EatingWell Magazine  
Ebe Magazine  
Energy Magazine  
Engredea Daily  
Experience Life Magazine  
Functional Foods &  
Nutraceuticals  
Functional Ingredients  
Gluten Free & More  
Health & Yoga  
Health Magazine  
Journal of Medicinal Food  
Journal of the Academy of  
Nutrition and Dietetics  
Life Extension Magazine  
LifeScript  
LuckyVitamin  
Men's Fitness  
Men's Health  
Monmouth Health & Life  
Morris/Essex Health & Life  
Ms. Fitness  
My Healthy Beginning  
Natural Foods Merchandiser  
New You Magazine  
Nutraceuticals World  
Nutrition Action Healthletter

Nutrition Industry Executive  
Magazine  
Prevention Magazine  
Reader's Digest  
Rodale's Organic Life  
Runner's World  
Running & FitNews  
Scottsdale Health  
Scripps Howard Health News  
Self Magazine  
SHAPE Magazine  
Slice of Healthcare  
Spirit of Change  
Spry Magazine  
Tathaastu: So Be It (Mind Body  
and Soul)  
Tea Trends  
The Healthy Newspaper  
The Yoga News  
Today's Dietitian Magazine  
Tu Salud  
Tufts University Health &  
Nutrition Letter  
U.S. Medicine  
Vitality  
Well Being Journal  
West Coast Woman  
Women's Health  
Yoga Bulletin  
Yoga Journal  
Yoga Therapy Today

### Television

Balancing Act  
**Radio**  
LifeTips  
The Danielle Lin Show  
WWNN-AM/FM

### Online

AZ Central Healthy Living online  
BrooklynActiveMama.com  
California Health Report  
Celiac.com

CommonHealth  
Daily Forage - gluten free  
DomesticWellnessLeague.org  
EatThis.com  
EstarMejor.com  
Healthline  
INSC Magazine online  
Institute of Food Technologists  
LivingOnTheCheap.com  
MedicalResearch.com  
ModernHealthcare.com  
MyHealthyApple.com  
NoMuyCaro.com  
NOSH.com  
NutraIngredients-USA.com  
Nutrition Diva online  
SNEWS (Specialty NEWS)  
SoulCollective.us  
TexasTribune.org  
Total Health Magazine Online  
VegNews Magazine  
WellnessLetter.com